Peer support (PAL) at Kingston University

Established in 1990

Range of ‘models’ in operation deploying the adopt/adapt/meet need principle

- Online: e-mentoring
- Time bound – 1 semester / 4 sessions
- Surgery style drop in
- Seminar supported PAL, lecturer-led
- Tutorless PAL (same year)
- Workshop supported PAL - 1:1 as appropriate
Personal Development Planning - PDP

'a structured and supported process undertaken by an individual to reflect upon their own learning, performance and/or achievement and to plan for their personal, educational and career development'.

‘A new way of articulating existing principles and practices’

http://www.heacademy.ac.uk/ourwork/learning/pdp(accessed 18/03/2009)
What methods/activities do you use to enable students to develop PDP skills?
Law School Model: PAL (and PDP)

What, why and how……

- **Idea** – to initiate ‘The Quest’ through PAL
- ‘Need’ – retention/wider skills development (PDP)
- Law research: reading/writing/referencing skills
- 20 PALs recruited
- Materials devised and developed with PALs
- 4 PAL sessions delivered to tutor groups
- ‘Quest’ points scored for attendance/input
- 67 students signed up for The Quest
Consider some of the issues involved in integrating PDP and PAL?
Issues

- Timetabling/allocation to same tutor group for all 4 sessions
- Use of tutorial time / course team buy in
- Development of subject specific resources
- ‘Quest ‘administration /management
- Evaluation of ‘impact’ of PAL/Quest

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